

Call these hotlines for free eldercare advice:

- 2-1-1 or go to 211.org. Available 24/7. Best response by phone.
- [Caregiver Action Network](#) at 855-227-3640, 8:00 AM – 7:00 PM ET
- Eldercare Locator at 800-677-1116, Monday - Friday, 9am - 8pm EST

Here are some suggested questions to ask when you call each hotline.

	2-1-1	Caregiver Action Network 855-227-3640	Eldercare Locator 800-677-1116
Where can I get assistive devices, like a wheelchair, walker or toilet seat riser?			
What kind of caregiving help or respite can we get at home?			
Is there financial assistance for home modifications for the elderly?			
Is there meal delivery available?			

	2-1-1	Caregiver Action Network 855-227-3640	Eldercare Locator 800-677-1116
What sources are available for low cost legal support or questions?			
Can you recommend resources for prescription payment assistance?			
What sources do you have for finding specialized housing?			
What long term care planning resources are available?			
What caregiver support services or groups are available?			
Are there programs available for assistance with paying for utilities?			

	2-1-1	Caregiver Action Network 855-227-3640	Eldercare Locator 800-677-1116
What transportation options are there for older adults?			
How much does the transport cost?			
How is the transportation service scheduled?			
Is Lyft sponsored by United Way in this area?			